



[Reach Mansfield Timetable]

Monday	Tuesday	Wednesday	Thursday	Friday
10.15 - 12.15 Art	10.15 - 12.15 Computers	10.15 - 12.15 Cook and Eat	10.15 - 12.15 Lovely Lunches	10.15 - 12.15 Fitness & Nutrition
10.15-12.15 Health Kick		10.15 - 12.15 All About Me		
1 - 3 Singing and Performance	1 - 3 Dance	1 - 3 Make and Bake	1 - 3 Crafts/Signing	1 - 3 Out and About

Contact: Reach Mansfield, St John's Centre, St John Street, Mansfield NG18 1QH

[Tel: 01623 232748](tel:01623232748)

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Registered charity no: 1076318

Active Me is a Mansfield Community Sports Project Please contact Maria Williams on 01623 232748 to book your place

Weekly Boccia Club session at St John's Centre Tuesdays 3pm to 4pm

Weekly Activity session at River Maun Recreation Centre Wednesdays 13.30-15.00pm

Weekly Pool session at Water Meadows Thursdays 10.30-11.30 (Term time only)